

Baby's First Journal



Baby's First Journal was born out of the desire to bring some calm to the chaos of having your first (or fourth) child. This extraordinary yet easy to use tool should be on every new mom's list of essentials, right after diapers and milk!

Features:

- 5.5"x7.5" Journal – fits in diaper bag or purse
- 3 months of logging pages to track baby's feeding, diapering and sleeping
- Log both breastfeeding and bottle feeding
- Space to track vitamins, baths and special moments
- Easy to use and portable
- Includes a sample page for suggested use, growth log, and contacts page for important numbers
- Coil bound to lay flat for easy use
- Assists in developing a schedule for baby
- Useful in the early days to ensure baby is eating enough
- Handy for paediatrician visits
- Helpful for babysitters
- Made with Acid free paper with post consumer waste content



Retail Price: \$15.99